

Health and Family Life Education

Date: May 11th- 15th, 2020

Grade: 6

Theme: Self and Interpersonal Relationships

Topic: Coping with Difficult Decisions- Part 2

Objectives: At the end of the lesson, students will be able to

1. Identify social ills that negatively impact the family and the community. (Knowledge)
2. Explain ways we can combat negative behaviours. (Attitude)
3. Apply decision-making skills to prevent being bullied. (Skill)

Resources: HFLE Grade 6 Curriculum, YouTube video, Power Point presentation, Laptop/Desktop, speakers, poster paper, pencil, crayons or colored pencils

Content:

Drugs, crime and violence are behaviors that negatively impact self, family and the community.

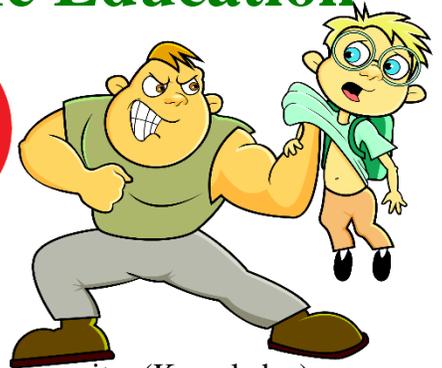
Drugs are unhealthful and can harm your body

- Use of drugs is against the law
- Drugs destroy relationships with friends and family
- Drugs keep you from doing well in school and achieving your goals

Refusing drugs is one of the most healthful decisions you can make. It helps you build self-respect. Saying no to drugs helps you keep your mind clear. (Grade five HFLE Curriculum)

Combating Negative Behaviours

- Emphasize Prevention – “The first drug is the worst drug.” The object is to avoid the onset of an undesirable circumstance.
- Actively participate in positive programmes in school and community.
- Inform an adult if you are aware of friends or classmates engaging in risky behaviours.





YouTube Video

https://www.youtube.com/watch?v=6Y6gn_dd54Q&t=3s

<https://youtu.be/OOEzYgS36Cl>

Assignments:

1. Create “Just Say No” cards or badges that list same ways to say no to drugs and how to avoid in engaging in crime and violence.

Create a Superhero badge encouraging persons not to use drugs.



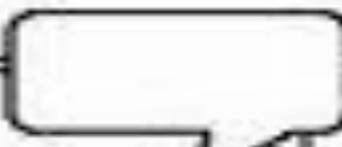
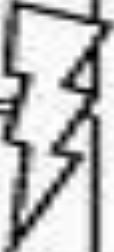
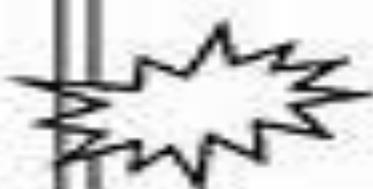


2. Create a comic strip as a Superher to join the squad by not using drugs



Name: _____

Create a Comic



Join the Squad!
Be a superhero today!