



Health and Family Life Education

Date: May 11th- 15th, 2020

Grade: 6

Theme: Self and Interpersonal Relationships

Topic: Coping with Difficult Decisions-Part 1

Objectives: At the end of the lesson, students will be able to

1. Evaluate risky behaviours related to drug use, violence and crime that negatively impact self, family and community. (Knowledge)
2. Appreciate laws and regulations that promote personal health and well-being. (Attitude)
3. Apply decision-making skills to prevent and control risky behaviours. (Skill)



Resources: HFLE Grade 6 Curriculum, YouTube video, Power Point presentation, Laptop/Desktop, speakers, poster paper, pencil, crayons or colored pencils

Content:

Drugs, crime and violence are behaviors that negatively impact self, family and the community.

Using illegal drugs can prevent you from doing well in school and sports. They can stop you from caring about family, friends and important things. These actions hurt everybody around you because the user no longer positively contributes to the family and community. Many innocent people become victims of crime committed by drug users. (Grade four HFLE Curriculum)

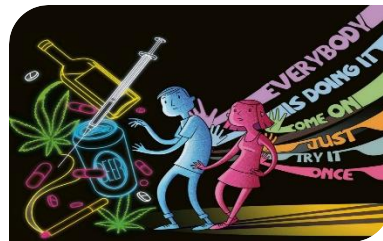
Combating Negative Behaviours

- Practice good family relations and communications
- Avoid intimate relationships with persons involved in drug use, crime or violence.
- Do not allow peer pressure to lure you to engage in these behaviours.



YouTube Video

https://youtu.be/FN78E_iaITE



Assignments:

1. Create raps, slogans, and poems on drug prevention, crime and violence.
2. Role play scenarios demonstrating appropriate and inappropriate behaviours.



Join the Squad!
Be a superhero today!

Date: _____ Grade: _____

Coping with Difficult Decisions

Join the Superhero Combat Squad! Use the border below to create a rap, slogan, or poem on drug prevention, crime and violence.

